



Shelton School District
College and Career Ready Graduation Requirements
Options to Earn 1.5 Required PE Credits

Beginning with the class of 2021, students in the Shelton School District must earn 24 credits in specified content areas in order to graduate College and Career Ready. Of the 24 credits, 1.5 credits of physical education (PE) are required. The following options will be available to all students beginning in the 2015-16 school year to earn the required PE credits.

1. Enroll in a high school level **PE class** at OBJH, Shelton High School, or CHOICE High School.
 - This includes all options available in the course catalog grades 9-12. These courses fulfill PE requirements, may be transcribed with a letter grade, and fulfill the one-time *knowledge component of fitness* required for graduation.
 - Beginning in 2016-17 students/parents may request .5 high school credit for successful completion of 8th grade P.E. The student must complete the full year of Health and Fitness in grade 8, including 1 quarter of health. Successful completion of 8th grade Health and Fitness fulfills the one-time *knowledge component of fitness* required for graduation. Grades will be recorded as “Pass” – no letter grade. A district form requesting the credit must be completed and submitted to the student’s school for transcribing. The form may be submitted at any time up to senior year in high school. Once officially transcribed, a course cannot be removed.

2. Enroll in a **cross-credit class** that has the option of fulfilling a P.E. credit requirement
 - SHS: Changes for a Healthy You (students may receive .5 credit of P.E. for successful completion of the full year course in order to fulfill physical activity requirement of at least 65 hours)
 - CHOICE: ALE Options as outlined in CHOICE courses
 - Running Start P.E. classes
 - Other options may be considered in the future

3. Participate in an alternative **ASB supported school based activity** that has the option of fulfilling a P.E. credit requirement. (This option requires documentation of at least 65 hours of physical activity but assumes the *knowledge component of fitness* is fulfilled through previous enrollment in a PE class or participation in the school supported activity). The request for P.E. credit for a school based activity must be submitted to the school counselor within the first five days of the semester for which the credit is requested. By the end of the semester documentation of completion of the activity must be submitted to the school counselor. When all requirements are met, earned credit may be transcribed with a “Pass” – no letter grade. A copy of the verification form should be placed in the student’s cumulative file.
 - NJROTC/NNDCC
 - Marching Band
 - Directed Athletics
 - Activities that include substantive physical activity commensurate with participation in a P.E. class (e.g. Dance or Cheer)

4. Apply for a **waiver of P.E.** that does not generate credit but fulfills graduation requirements
 - Allowable reasons include physical disability and/or religious belief
 - Request for a waiver of up to 1.5 credits may be made using the district form