



Shelton School District
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BOARD POLICY

Policy No. 2151
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INSTRUCTION

Athletics and Activities Program

Definition

The Shelton School District Athletics and Activities program consists of two major categories: **Interscholastic Activities** and **Co-Curricular Activities**.

Interscholastic activities are athletics or extra-curricular activities that occur with another school within this district or another school outside of this district. The types of activities include competitive sports contests, games, events or sports exhibitions involving individual students or teams of students.

Co-Curricular Activities are those activities that are not interscholastic in nature and are curriculum-related. These include:

- A. Activities that are curriculum-related and have been approved as part of the associated student body program; and
- B. Curriculum-related activities that are not part of the associated student body program and which satisfy the conditions under the “Co-Curricular Activities” section of this policy.

Interscholastic Activities

Interscholastic Activities encompasses athletics and extra-curricular activities that occur between schools within this district or with schools outside of this district. The Athletic and Activities Director will be responsible for the oversight of interscholastic athletics and extra-curricular activities. The Board expects that:

- A. All interscholastic activities and events shall be in compliance with the rules and regulations of the Washington Interscholastic Activities Association (WIAA) (RCW 28A.600.200). The schools of the district shall not participate in any out-of-season athletics that are not sanctioned by the WIAA. The district shall only be responsible for programs that are organized, promoted or participated in by staff members with district approval.
- B. An athletic coach must be properly trained and qualified for an assignment as described in the coach’s job description. Coaches will be evaluated per the Shelton Athletic and Activities Association bargained agreement.
- C. A syllabus associated with coaching assignments will be distributed to, and reviewed with, each coach. The syllabus will outline expectations of skills to be learned, techniques to be practiced, safety measures

to be adhered to, and other coaching strategies that will aid in aligning activities with the district's learning mission.

- D. In-service training opportunities will be afforded each coach so that he/she is trained to attend to the health care needs of participants. Prior to a sports season, the coach will prepare a plan for handling medical emergencies at practice sessions and games (home and away). A required trainings list will be developed and included with this policy as a procedure.
- E. Equipment will be properly maintained and fitted per WIAA standard.
- F. All facilities and equipment utilized in the interscholastic activity program, whether or not the property of the district, shall be inspected on a regular basis.
- G. Coaches must be trained and knowledgeable in the area of medication distribution and must follow the District's medication policy (Policy #3416).
- H. The board recognizes that certain risks are associated with participation in interscholastic sports. While the district will strive to prevent injuries and accidents to students, each participant and his/her parent(s) or guardian(s) will be required to sign the "*Acknowledgement of Injury Risk*" form -- a statement which indicates that the parent(s) and the student acknowledge the risks of injuries resulting from such participation and give assurance that the student will follow the instructions of the coach.
- I. Each participant shall be required to furnish evidence by approved medical personnel of physical fitness prior to becoming a member of an interscholastic team. The "*Incident Report*" form shall be completed when a student is injured while participating in a school-supervised activity. A participant shall be free of injury and shall have fully recovered from illness before participating in any activity. The participant shall have verification of recovery from approved medical personnel prior to resuming an activity.
- J. Each student participating in interscholastic athletic activities is required to have or obtain medical insurance for expenses incurred as a result of injuries sustained while participating in the activity. Students shall provide evidence of coverage with a minimum limit as established by WIAA in medical expenses or shall obtain such coverage through the insurance plan offered to all students participating in activities in the district. No student will be denied the ability to participate solely because the student's family, by reason of low income, is unable to pay the entire amount of the premium for student insurance. The superintendent or his/her designee may approve partial or full waiver of premiums to permit all students to obtain the required medical insurance. (RCW 28A.400.350.)

Co-Curricular Activities

Co-Curricular Activities encompass those activities that are not interscholastic in nature and are curriculum-related. These include: 1) activities that are curriculum-related and have been approved as part of the associated student body program (WAC 392-138-010); and, 2) curriculum-related activities that are not part of the associated student body program and which satisfy the conditions under this section. Principals (or vice principals, if so designated) will be responsible for administering the co-curricular program in the school.

The Board recognizes that the goals and objectives of the district can best be achieved by providing a broad offering of purposeful learning experiences, some of which are more appropriately conducted outside of the approved curriculum of the district. Such activities shall ordinarily be conducted wholly or partly outside the regular school day. An opportunity will be made available in each school for all students, including those with disabilities, to participate in some aspect of the program.

Associated Student Body Program:

Activities which operate as a board-approved associated student body program must have met all conditions as specified in the ASB Constitution. The school principal shall be responsible for assigning a staff member(s) to supervise all such approved programs.

When an activity does not satisfy the ASB program conditions or ASB status would not be necessary or beneficial, interested students and a proposed staff member-sponsor may seek approval and recognition as a curriculum-related activity from the school principal. Each approved group shall operate under the guidelines set forth by the principal, including, but not limited to, objectives, membership, supervision, proposed activities, and funding. Guidelines will be developed for principals to establish objectives, membership, supervision, etc. in such a way that the guidelines meet objectives related to curriculum/learning.

Curriculum-related Activities:

The criteria to be used by the principal for approving curriculum-related activities are:

- A. The purposes and/or objectives shall be part of a specific program or course offering;
- B. The participating students shall be currently enrolled in a related course or program or possess the entry level knowledge and/or skills to successfully participate in the activity;
- C. The group shall be supervised by a qualified staff member;
- D. The cost of the activity must not be prohibitive to student or district;
- E. The activity must comply with Title IX requirements (RCW 28A.640.020);
- F. All activity must take place on school premises unless approved in advance by the school principal; and,
- G. The activity must not be secretive in nature.

Curriculum related activities, whether approved by the board as part of the ASB or by the principal, must meet at least one of the following criteria:

- A. The subject matter of the activity is actually taught or will soon be taught in a regularly offered course;
- B. The subject matter of the activity relates to the body of courses as a whole;
- C. Participation in the activity is required for a particular course; or
- D. Participation in the activity results in academic credit.

Recognized curriculum-related groups shall have use of school facilities and equipment under terms set forth by the school principal. Groups that are not recognized as part of the co-curricular program may apply for use of school facilities under conditions set forth in Policy 4330 -- Use of School Facilities. (20 U.S.C. §§ 4074 -- Equal Access Act.)

General Structure for the Athletics and Activities Program

The District's *Statement of Philosophy Regarding Athletics and Activities* will be recognized as the philosophical foundation for the District's Athletics and Activities Program. Furthermore, the Athletics and Activities Program will align with emerging efforts by the district to ensure that all programs and activities are child-centered and are an integral part of the total school experience.

To accomplish and maintain an efficient and effective program, the superintendent shall establish an athletics and activities committee and appoint membership thereof. The committee will fall under the facilitation of the district's Student Support Services program. The committee will consist of:

- the Student Services Program coordinator (acting as committee facilitator);
- the building principals (or vice principals if so designated), who will oversee co-curricular activities at their respective schools; and,
- the District's Athletic Director, who will coordinate interscholastic athletics and activities.

The committee will meet regularly on an on-going basis to: ensure that all athletics and activities align with the district's overall mission of learning; ensure that all activities (interscholastic and co-curricular) compliment one another across grade levels; coordinate facilities and other resources; problem-solve as issues arise; evaluate programs for effectiveness and conformity to statute; and, develop plans for communicating information related to athletics and activities to students, parents, and the community. An annual presentation will be made to the board for its consideration of an athletics and activities program for the school year. The superintendent shall establish detailed guidelines for the function of the committee.

The superintendent shall prepare rules for the conduct of students in the athletic and activities program. Rules shall include, but not be limited to: use of alcoholic beverages; use of tobacco; use or possession of illegal chemical substances or opiates not prescribed by a physician; physical appearance; curfew; unsportsmanlike conduct; absence from practice; gambling; or any infraction of civic law. Rules and disciplinary actions related to rule violations will be distributed to each participant and his/her parents prior to the beginning of the activity. Rules and disciplinary actions will also be included with this policy as procedures.

Date Revised: August 24, 2004

Legal References

RCW 28A.400.350	Liability, life, health, health care, accident, disability and salary insurance authorized—Premiums
RCW 28A.600.200	Interscholastic athletic and other extra-curricular activities for students, regulation of—Delegation, conditions
RCW 28A.640.020	Regulations, guidelines to eliminate discrimination — Scope
RCW 69.41.330	Public Warnings—School Districts
RCW 69.41.340	Student athletics
20 U.S.C. §§ 4074	Equal Access Act
WAC 392-138-010	Definitions
WAC 392-190-030	General — Recreational and athletic activities — Equal opportunity factors considered
WAC 392-190-040	Recreational and athletic activities — student interest — Required survey instrument

Cross References

Policy 2167	Drug and Alcohol Use/Abuse Program
Policy 4330	Use of School Facilities
WIAA Handbook	